



**TIGER CHO'S
TAE KWON DO CENTER**

(Physical – Mental – Self Defense Training)



525 N. Telephone Road

Moore, OK 73160

(405) 799-0555

www.tigerchos.com

CLASS SCHEDULE

DAY\TIME	5:00-5:50 PM	6:00-6:50 PM	7:00-7:50 PM	8:00-8:30 PM
Monday	JR ORANGE, GREEN, BLUE	JR WHITE, YELLOW	ADULT ALL BELTS	OPEN
Tuesday	JR RED, BLACK	ADULT All BELTS	ADULT SPARRING	PRIVATE CLASS
Wednesday	JR ORANGE, GREEN, BLUE	JR WHITE, YELLOW	ADULT ALL BELTS	OPEN
Thursday	JR RED, BLACK	ADULT ALL BELTS	ADULT FORM	PRIVATE CLASS
Friday	JR ALL BELTS 5:30PM – 6:20PM		ADULT, ALL BELTS (FAMILY) 6:30PM – 7:20PM	
Saturday	ALL BELTS (ALL AGES 10:30AM – 11:20AM		STUDENT'S BIRTHDAY PARTY 12:00PM – 2:00PM	

IMPORTANT NOTES:

- ➡ Drop students off no earlier than 20 minutes prior to class and pick students up promptly after class.
- ➡ Parents are allowed to watch the last 20 minutes of class You must get instructors permission to watch a full class.
- ➡ Always wear a clean uniform and ensure good hygiene (clean body and clean feet).
- ➡ All color belts must have all sparing gear at every class (gear may be purchased from Tiger Cho's).